

# NORTH BALGA PRIMARY SCHOOL – 2022 CANTEEN MENU (FROM T4)

Sandwiches	Extras / Recess	Before School
<div style="display: flex; justify-content: space-between;"> <ul style="list-style-type: none"> <li>Cheese • 2.50</li> <li>Vegemite • 2.00</li> <li>Ham and Cheese • 4.00</li> <li>Chicken • 3.50</li> <li>Ham • 3.50</li> <li>Egg • 3.00</li> <li>Chicken and Salad • 4.50</li> <li>Ham and Salad • 4.50</li> <li>Salad • 3.00</li> </ul>  </div> <p>(Salad includes lettuce, tomato, cucumber, carrot, celery, capsicum and cheese.)</p>	<ul style="list-style-type: none"> <li>Fruit Bag • 1.00</li> <li>Yoghurt <b>(H)</b>—small • 2.00</li> <li>Popcorn • 0.80</li> <li>Jelly Cup • 1.00</li> <li>Muffins • 1.50</li> <li style="padding-left: 20px;">Choc Chip 1.50</li> <li style="padding-left: 20px;">Fruit 1.50</li> <li>Pikelets (Plain/buttered) • 0.50</li> <li>Piece of Fruit • 1.00</li> <li>Carrot Sticks • 0.70</li> <li>Chicken Dino <b>(H)</b> • 0.70</li> <li>Chicken Wedges • 1.10</li> <li>Weenies • 0.70</li> <li>Cheesy • 1.00</li> <li>Pizza • 0.70</li> </ul>	<ul style="list-style-type: none"> <li>Pikelets (Plain/buttered) • 0.50</li> <li>Muffins (Fruit) • 1.50</li> <li>Fruit Bag • 1.00</li> <li>Hash Brown • 1.00</li> <li>Carrot Sticks • 0.70</li> </ul>
<b>DAILY LUNCH SPECIALS</b>		
<b>Monday – Pastry Day</b>		
		
		<ul style="list-style-type: none"> <li>Hotdog • 4.00</li> <li>Sausage Roll • 5.00</li> <li>Pie • 6.00</li> </ul>
<b>Tuesday – Burger Day</b>		
		<ul style="list-style-type: none"> <li>Hamburger • 6.00</li> <li>Chicken Burger <b>(H)</b> • 6.00</li> </ul> <p>*all burgers come with sauce, lettuce, cheese, carrot &amp; tomato</p>
<b>Wednesday – Chippies and Quiche Day</b>		
		<ul style="list-style-type: none"> <li>Chicken Chippies <b>(H)</b> or Crackles <b>(H)</b> and Salad • 5.50</li> <li>Quiche and Salad • 5.00</li> </ul>
<b>Thursday – Pizza/Pasta Day</b>		
		<ul style="list-style-type: none"> <li><b>Pizza</b> 6.50</li> <li>Ham and Pineapple • Meat Lovers •</li> <li>Margarita • Ham &amp; Cheese •</li> <li>Vegetarian •</li> <li><b>Pasta</b> 6.50</li> <li>Lasagne <b>(H)</b> • Twista Bolognaise <b>(H)</b> •</li> <li>Macaroni Cheese <b>(H)</b> •</li> </ul> 
<b>Friday – Chippies and Nachos</b>		
		<ul style="list-style-type: none"> <li>Chicken Chippies <b>(H)</b> or Crackles <b>(H)</b> and Salad • 5.50</li> <li>Nachos <b>(H)</b> • 7.50</li> </ul>
Toasted Sandwiches	Drinks	
<div style="display: flex; justify-content: space-between;"> <ul style="list-style-type: none"> <li>Ham • 4.00</li> <li>Ham and Cheese • 4.50</li> <li>Chicken • 4.00</li> <li>Chicken and Cheese • 4.50</li> <li>Cheese • 3.00</li> <li>Ham, Cheese &amp; Tomato • 5.00</li> </ul>  </div>	<ul style="list-style-type: none"> <li>Juice Box • 2.50</li> <li>Flavoured Milk Sml • 3.00</li> <li>Water 600ml • 2.00</li> <li>Yogo • 3.00</li> </ul> 	
Wraps		
<ul style="list-style-type: none"> <li>Full Wrap • 7.00</li> <li>1/2 Wrap • 5.00</li> <li>Chicken &amp; Salad <b>or</b> Ham &amp; Salad <b>or</b> Cheese and Salad <b>or</b> Salad</li> </ul> <p>(Salad includes lettuce, tomato, cucumber, carrot, and cheese.)</p>		
Trays		
<ul style="list-style-type: none"> <li>Ham &amp; Salad • 5.50</li> <li>Chicken &amp; Salad • 5.50</li> <li>+ egg • 0.50</li> <li>Salad Cup • 1.50</li> </ul> <p>(Salad includes lettuce, tomato, cucumber, carrot, and cheese.)</p> 	<ul style="list-style-type: none"> <li>Sauce 0.50</li> <li>Fork or Spoon 0.50</li> </ul> <p>(if bought separately with no lunch order)</p>	

Our canteen uses a system that categorises food & drinks on a colour system ranging from **(H)** – **HALAL GREEN** to **ORANGE** to **RED**. **RED** food and drinks are not provided by our canteen. • **Green foods are the healthiest options (66% of our menu)** • **Orange foods should be selected in moderation (34% of our menu)**