

NORTH BALGA PRIMARY SCHOOL – 2022 CANTEEN MENU (FROM T2)

Sandwiches	Extras / Recess	Before School
 <ul style="list-style-type: none"> Cheese • 2.50 Vegemite • 2.00 Ham and Cheese • 4.00 Chicken • 3.50 Ham • 3.50 Egg • 3.00 Chicken and Salad • 4.50 Ham and Salad • 4.50 Salad • 3.00 <p><small>(Salad includes lettuce, tomato, cucumber, carrot, celery, capsicum and cheese.)</small></p>	<ul style="list-style-type: none"> Fruit Bag • 1.00 Yoghurt (H)–small • 2.00 Popcorn • 0.70 Jelly Cup • 1.00 Muffins • <ul style="list-style-type: none"> Choc Chip 1.50 Fruit 1.50 Pikelets (Plain/buttered) • 0.50 Piece of Fruit • 1.00 Carrot Sticks • 0.70 Chicken Dino (H) • 0.70 Chicken Wedges • 1.00 Weenies • 0.70 Cheesy • 1.00 Pizza • 0.70 	<ul style="list-style-type: none"> Pikelets (Plain/buttered) • 0.50 Muffins (Fruit) • 1.50 Fruit Bag • 1.00 Hash Brown • 1.00 Carrot Sticks • 0.70
DAILY LUNCH SPECIALS		
Monday – Pastry Day		
<ul style="list-style-type: none"> Hotdog • 4.00 Sausage Roll • 4.00 Pie • 5.00 		
Tuesday – Burger Day		
<ul style="list-style-type: none"> Hamburger • 5.50 Chicken Burger (H) • 5.50 <p><small>*all burgers come with sauce, lettuce, cheese, carrot & tomato</small></p>		
Wednesday – Chippies and Quiche Day		
<ul style="list-style-type: none"> Chicken Chippies (H) or Crackles (H) and Salad • 5.50 Quiche and Salad • 5.00 		
Thursday – Pizza/Pasta Day		
<ul style="list-style-type: none"> Pizza 6.50 <ul style="list-style-type: none"> Ham and Pineapple • Meat Lovers • Margarita • Ham & Cheese • Vegetarian • Pasta 6.00 <ul style="list-style-type: none"> Lasagne (H) • Twista Bolognese (H) • Macaroni Cheese (H) • 		
Friday – Chippies and Nachos		
<ul style="list-style-type: none"> Chicken Chippies (H) or Crackles (H) and Salad • 5.50 Nachos (H) • 6.50 		
Toasted Sandwiches  <ul style="list-style-type: none"> Ham • 4.00 Ham and Cheese • 4.50 Chicken • 4.00 Chicken and Cheese • 4.50 Cheese • 3.00 Ham, Cheese & Tomato • 5.00 	Drinks  <ul style="list-style-type: none"> Juice Box • 2.00 Flavoured Milk Sml • 2.50 Water 600ml • 2.00 	
Wraps  <ul style="list-style-type: none"> Full Wrap • 6.00 1/2 Wrap • 4.00 Chicken & Salad or Ham & Salad or Cheese and Salad or Salad <p><small>(Salad includes lettuce, tomato, cucumber, carrot, celery, capsicum and cheese.)</small></p>	<ul style="list-style-type: none"> Sauce 0.40 Fork or Spoon 0.20 <p><small>(if bought separately with no lunch order)</small></p>	
Trays <ul style="list-style-type: none"> Ham & Salad • 5.00 Chicken & Salad • 5.00 + egg • 0.50 Salad Cup • 1.50 <p><small>(Salad includes lettuce, tomato, cucumber, carrot, celery, capsicum and cheese.)</small></p>		



Our canteen uses a system that categorises food & drinks on a colour system ranging from **(H)** – **HALAL GREEN** to **ORANGE** to **RED**. **RED** food and drinks are not provided by our canteen. • **Green foods are the healthiest options (66% of our menu)** • **Orange foods should be selected in moderation (34% of our menu)**